

INTRODUCTION:

1. CSTL has accepted and will make best efforts to follow Phase 1 and 2 Religious and Faith-Based Organization COVID-19 Requirements (RFO COVID-19 Requirements)
2. RFO COVID-19 Requirements documents will be available for review at CSTL
3. CSTL has accepted and will make best efforts to follow Guidelines for Outdoor Minyanim document from the Va'ad HaRabanim of Greater Seattle
4. CSTL recognizes that anyone can have mild to severe symptoms or no symptoms and still be COVID-19 positive. It is understood that symptoms may appear 2 to 14 days after exposure to the virus and that people with the symptoms may have*:

- Fever chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*This list does not include all possible symptoms.

It is understood that attendees of services must seek emergency medical attention when**:

- They have trouble breathing
- Have persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Have bluish lips or face

**This is not all possible reasons to call emergency medical services

5. CSTL has a designated "COVID Monitor" will be attending each service.

An attendee log book will be created and kept at the facility for at least 2 weeks after each CSTL event.

5. (continued)

Duties of the COVID Monitor include:

- Clarification of safety training,
- Initiation of exposure response procedures and post exposure incident recovery plan,
- Observer and manager of social distancing,
- Observer and manager of PPE utilization,
- Manage screening for illness
- Track attendance and facilitate maintaining the list of attendees at services (entered as often as allowed by Jewish law and kept for at least 2 weeks in the log book)

6. CSTL has and will continue to employ services to maintain necessary hygiene, sanitation, disinfection of the facilities, with special attention to keeping the facility doorknobs, handrails, armrests, and other high touch places sanitary and clean with best efforts.

7. CSTL has and will continue to provide soap and running water abundantly for frequent handwashing.

8. Attendees of CSTL may attend services and events at their own risk. The following standards must be followed:

- Anyone displaying possible symptoms of COVID-19 including but not excluded to cough, shortness of breath, difficulty breathing, fevers, chills, muscle pain, sore throat, new loss of taste or smell or other symptoms outlined by CDC guidelines may not attend
- All attendees must be socially distanced at least 6 feet apart and must wear masks
- Attendee should provide their own Siddur (synagogue may create other arrangements to make sure that each person will be the only one to touch their Siddur)
- Children are not permitted to attend (refer to your Rabbi regarding children over the age of Bar Mitzvah)
- Only synagogue supervised minyanim are permitted, not private minyanim

Social distancing must be maintained throughout the service. One option for this to be done maintaining safety for Torah Reading is for the Baal Koreh to remove the Torah from the Aron Hakodesh, read and recite all the aliyot, perform Hagbah and Gelilah by lifting the Torah and then replacing it on Shulchan to do Geililah, and then return the Torah to the Aron Hakodesh.

9. Consult with your medical provider regarding your personal risk of attending services. As general guidance, individuals over the age of 65 and individuals considered high risk who may have chronic medical problems including but not excluded to diabetes, COPD, asthma, immunocompromise, heart disease, or morbid obesity with a BMI greater than 30 (weight in kilograms/height per meter squared, or alternatively, 703 x weight in pounds/height in inches squared) would be considered at high risk of increased morbidity and mortality associated with COVID-19 infection and should consider staying home.

10. Chanting out loud and singing is permitted, but individuals must not remove their facemasks which are to remain on their faces for the duration of the service.

11. Access to bathrooms is allowed but social distancing must be maintained and no more than 2 people at a time may be in the bathroom as appropriate.

COVID EXPOSURE GUIDANCE:

- Follow the RFO COVID-19 Requirements guidance.
- Deep cleaning in accordance with CDC guidelines will be done in any area with known exposure, and that area will be cordoned off as appropriate until deep cleaned.
- Anyone exposed to a person with COVID-19 diagnosis should refrain from attending CSTL events for 14 days
- Anyone with known COVID-19 infection must contact the Rabbi and/or Shul President for guidance on when to return to CSTL.

MITIGATION AND RECOVERY PLAN:

- If there is a significant biohazard incident (multiple individuals who have become ill with COVID-19 G-d Forbid) the Board will implement CSTL closure until further guidance is given by DOH.
- The Board will allow for the COVID Monitor to ask attendees to exit events if they are not willing and/or able to follow this guidance.

The above was reviewed and approved by Rabbi SB Levitin

Dr. Rudnick and Dr. Greenberg, consulting on behalf of the CSTL Board